

## Community Resources for Probation and Parole District # 6

**Western Tidewater Reentry Council will meet the 2<sup>nd</sup> Tuesday of every other month at 2PM @ the Suffolk Workforce Center, 135 N. Main St. Suffolk VA**

| CATEGORY | AGENCY NAME AND ADDRESS | TELEPHONE NUMBER<br>/ CONTACT<br>INFORMATION | E-MAIL / WEBSITE ADDRESSES |
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### STATEWIDE RESOURCES

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| <b>Birth Certificate, Death Certificate, Marriage Certificate</b> | Office of Vital Records<br>2001 Maywill Street, Suite 101<br>Richmond, Virginia 23230 | 804-662-6200                                    | <a href="http://www.virginia.gov">Office of Vital Records - Vital Records (virginia.gov)</a> |
| <b>Corrections</b>  | Virginia Department of Corrections  |   | <a href="#">Homepage — Virginia Department of Corrections</a>                                |
|   | Virginia Department of Juvenile Justice   |   | <a href="#">Virginia Department of Juvenile Justice</a>                                      |
| <b>Crisis/Help</b>  | 2-1-1 Virginia (local resource hotline)   | 211 or 1-800-230-6977 or text CONNECT to 247211 | <a href="http://www.211Virginia.org">www.211Virginia.org</a>                                 |
|   | Adult Protective Services Hotline   | 1-888-832-3858                                  |  |
|   | Alzheimer's Association   | Medical Alert/Safe Return 1-800-625-3780        |  |

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|                              | National Sexual Assault Hotline                           | 1-800-656-4673                     |  |
|                              | Virginia Department for Aging and Rehabilitative Services |                                    | <a href="http://www.Easyaccess.virginia.gov">www.Easyaccess.virginia.gov</a>       |
|                              | Infant and Toddler Connection of Virginia                 |                                    | <a href="http://www.itcva.online">www.itcva.online</a>                             |
|                              | National Suicide Prevention Line                          | 988                                | <a href="http://www.988lifeline.org">www.988lifeline.org</a>                       |
|                              | Virginia Mortgage Relief Program                          |                                    | <a href="http://www.virginiamortgagerelief.com">www.virginiamortgagerelief.com</a> |
|                              | Legal Aid   | 1-866-LEGLAID                      | <a href="http://www.valegaliad.org">www.valegaliad.org</a>                         |
|                              | Eviction Helpline   | 1-833-NOEVICT                      |  |
|                              | Predatory Loan Helpline                                   | 866-830-4501                       |  |
|                              | Senior Legal Helpline                                     | 844-802-5910                       |  |
|                              | Statewide Resource Directory                              |                                    | <a href="http://www.Virgininavigator.org">www.Virgininavigator.org</a>             |
| <b>Alcohol/Substance Use</b> | Oxford House  | 1-800-689-6411                     | <a href="http://www.oxfordhouse.org">www.oxfordhouse.org</a>                       |
|                              | Al-Anon and Alateen                                       | 1-888-4AL-ANON<br>(1-888-425-2666) | <a href="#">Al-Anon Family Groups</a>  |

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|                          | Narcotics Anonymous                           |   | <a href="#">About Us (na.org)</a><br>online meetings:<br><a href="https://virtual-na.org/">https://virtual-na.org/</a>  |
|                          | Alcoholics Anonymous                          |   | <a href="http://www.aa.org">www.aa.org</a><br>online meetings:<br><a href="https://www.12step-online.com/meetings/online-aa-meetings/">https://www.12step-online.com/meetings/online-aa-meetings/</a>   |
|                          | Addiction Center                              |   | <a href="https://www.addictioncenter.com/">https://www.addictioncenter.com/</a>   |
|                          | VADOC Fentanyl Awareness Video                |   | <a href="https://youtu.be/MWH-1hc0-x8">https://youtu.be/MWH-1hc0-x8</a>   |
| <b>Benefits Programs</b> | Virginia Department of Social Services (VDSS) | Apply for SNAP, TANF, EAP and Medical Assistance by calling at 855-635-4370 | Apply online for benefits at <a href="https://commonhelp.virginia.gov/access/">https://commonhelp.virginia.gov/access/</a><br><br>You may review program regulations and manuals online at <a href="http://www.dss.virginia.gov">www.dss.virginia.gov</a> |
|                          |   | Apply for Medical Assistance only by calling 855-242-8282                   | Print a copy of the application off the internet for medical assistance at <a href="http://www.coverva.org">www.coverva.org</a>   |
|                          |   | Get an application during office hours at your local Department of          | Print a copy of the application off the internet at <a href="http://www.dss.virginia.gov/">http://www.dss.virginia.gov/</a>   |

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|                              |  | Social Services  |  |
|                              | Virginia Health Care Foundation                            |  | <a href="http://vhcf.org">Virginia Health Care Foundation (vhcf.org)</a>   |
| <b>Behavioral Health</b>     | Department of Behavioral Health and Developmental Services |  | <a href="http://dbhds.virginia.gov/community-services-boards-csbs/">dbhds.virginia.gov/community-services-boards-csbs/</a>   |
|                              | Office of Child and Family Services                        |  | <a href="#">Office of Child and Family Services - Virginia Department of Behavioral Health and Developmental Services</a>  |
| <b>Employment Assistance</b> | Virginia Employment Commission (VEC)                       | VEC Central Office<br>1-866-832-2363<br><br>For TTY* Callers:<br>Virginia Relay, Call<br>711 or 800-828-1140 | <a href="https://www.vec.virginia.gov">https://www.vec.virginia.gov</a><br><br>Job Openings<br><br><a href="https://www.vec.virginia.gov/find-a-job/state-job-openings">https://www.vec.virginia.gov/find-a-job/state-job-openings</a><br><br>Upcoming Job Fairs<br><br><a href="https://www.vec.virginia.gov/find-a-job/job-fairs">https://www.vec.virginia.gov/find-a-job/job-fairs</a><br><br>A Quick Guide to Relief Programs<br><br><a href="https://www.vec.virginia.gov/relief-programs">https://www.vec.virginia.gov/relief-programs</a><br><br>For Veteran Services<br><br><a href="mailto:veteran.services@vec.virginia.gov">veteran.services@vec.virginia.gov</a> |

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|                             | Virginia Career Works Center   |                | <a href="https://viriniacareerworks.com/find-your-career-center/">https://viriniacareerworks.com/find-your-career-center/</a>  |
| <b>Education</b>            | Virginia's Community Colleges  |                | <a href="#">Virginia's Community Colleges   Affordable Degrees, Certificates, Career Training (vccs.edu)</a><br><br><a href="#">Justice Impacted Individuals   Credits2Careers</a> |
|                             | Virginia Department of Education   | 800-292-3820   | <a href="#">Virginia Department of Education   Home</a>  |
| <b>Environmental</b>        | Virginia Department of Environmental Quality   | 1-804-698-4000 | <a href="http://www.deq.virginia.gov">www.deq.virginia.gov</a>   |
| <b>Emergency Management</b> | Virginia Department of Emergency Management  | 804-897-6500   | <a href="https://www.vaemergency.gov">https://www.vaemergency.gov</a>  |
| <b>Health</b>               | Virginia Department of Health<br>P.O. Box 2448<br>Richmond, Virginia 23218-2448<br>109 Governor Street<br>Richmond, Virginia 23219 |                | <a href="#">Home - Virginia Department of Health</a><br><br><a href="#">Health Department Locator - LHD Locator (virginia.gov)</a>   |
|                             | Virginia Association of Free Clinics   |                | <a href="http://vafreeclinics.org">Free Clinics in Virginia (vafreeclinics.org)</a>  |
| <b>Housing</b>              | Oxford House<br>(Recovery house program)   |                | <a href="#">Oxford Houses of Virginia » Oxford Houses of Virginia (vaoxfordhouse.org)</a>  |
|                             | Virginia Association of  |                | <a href="#">Accredited Residencies for Recovery Housing   VARR - Virginia Association of</a>   |

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|                         | Recovery Residences (VARR)   |                          | <a href="http://varronline.org">Recovery Residences (varronline.org)</a>   |
|                         | Virginia Housing Alliance  |                          | <a href="mailto:vha@vahousingalliance.org">vha@vahousingalliance.org</a>   |
|                         | Department of Housing & Community Development  |                          | <a href="https://www.dchd.virginia.gov">https://www.dchd.virginia.gov</a>  |
|                         | HUD Exchange<br>Continuum of Care (CoC)<br>Program   |                          | <a href="http://www.hudexchange.info/programs/coc">www.hudexchange.info/programs/coc</a><br><a href="http://www.hudexchange.info/contact-us">www.hudexchange.info/contact-us</a> |
|                         | The Salvation Army<br><ul style="list-style-type: none"> <li>• Rent and utility assistance</li> <li>• Homeless shelters</li> </ul> | 1-800-SAL-ARMY           | <a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>   |
| <b>Scholarships</b>     | LendEDU  |                          | <a href="#">Scholarships for Felons   LendEDU</a>  |
| <b>Veteran Services</b> | National Suicide and Veteran Crisis Prevention Lifeline  | 1-800-273-8255           |  |
|                         | Veteran Crisis Line  | 1-800-273-8255<br>Ext. 1 |  |
|                         | Virginia Department of Veterans Services   |                          | <a href="#">Virginia Department of Veterans Services</a>   |
|                         | US Department of Veterans Affairs  |                          | <a href="#">VA.gov Home   Veterans Affairs</a>   |

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| <b>Medication Assisted Treatment (MAT)</b> | Substance Abuse and Mental Health Services Administration (SAMHSA) | SAMHSA National Helpline 1-800-662-HELP | <a href="https://findtreatment.samhsa.gov/">https://findtreatment.samhsa.gov/</a>   |
|  | VADOC MAT Program  |   | <a href="https://www.youtube.com/watch?v=tZM-gaTDkV0">https://www.youtube.com/watch?v=tZM-gaTDkV0</a>   |
| <b>Social Security Card</b>                | Social Security Administration                                     |   | <a href="https://www.ssa.gov/">https://www.ssa.gov/</a>   |
| <b>State ID or Driver's License</b>        | Virginia Department of Motor Vehicles                              |   | <a href="https://www.dmv.virginia.gov/#/">https://www.dmv.virginia.gov/#/</a>   |
| <b>Reentry Success</b>                     | Fair Shake   |   | <a href="https://www.fairshake.net/">https://www.fairshake.net/</a>   |
|  | VADOC Reentry Video  |   | <a href="https://www.youtube.com/watch?v=PQ4qktFme7w">https://www.youtube.com/watch?v=PQ4qktFme7w</a>   |
|  | VADOC Reentry Resource Packet                                      |   | <a href="https://www.vadoc.virginia.gov/media/1510/reentry-resource-packet-2023.pdf">https://www.vadoc.virginia.gov/media/1510/reentry-resource-packet-2023.pdf</a> |
| <b>Transportation</b>                      | Department of Transportation                                       |   | <a href="http://viriniadot.org">viriniadot.org</a>  |
| <b>Taxation</b>                            | Department of Taxation   | 1-804-367-8031                          | <a href="https://www.tax.virginia.gov">https://www.tax.virginia.gov</a>   |

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| <b>Peer Recovery Services</b> | VADOC Peer Recovery Specialist Initiative |              | <a href="https://www.youtube.com/watch?v=1CaTM YW6zGg">https://www.youtube.com/watch?v=1CaTM YW6zGg</a> |
| <b>Restoration of Rights</b>  | Secretary of the Commonwealth's Office    | 804-692-0104 | <a href="https://www.restore.virginia.gov/">https://www.restore.virginia.gov/</a>                       |
| <b>Free Cell Phones</b>       | Assurance Wireless                        |              | <a href="#">The Affordable Connectivity Program (ACP) - BetterSIM</a>                                   |
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## LOCAL RESOURCES

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| <b>Employment Services</b> | Remedy Staffing               | 757-690-2257 | <a href="http://www.remedystaffing.com">www.remedystaffing.com</a>       |
|                            | Kelly Services                | 757-923-0080 | <a href="http://www.kellyservices.us">www.kellyservices.us</a>           |
|                            | Labor Ready/People Ready      | 757-539-0045 | <a href="http://www.peopleready.com">www.peopleready.com</a>             |
|                            | Eggleston Employment          | 757-405-7576 | <a href="http://www.egglestonservices.org">www.egglestonservices.org</a> |
|                            | Tidewater Staffing            | 757-935-5935 | <a href="http://www.tidewaterstaffing.com">www.tidewaterstaffing.com</a> |
|                            | Virginia Workforce Connection | 757-558-4455 | <a href="http://www.vaworkconnect.com">www.vaworkconnect.com</a>         |
|                            | Randstad North America        | 757-465-5100 | <a href="http://www.randstad.com">www.randstad.com</a>                   |

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|                            | Advanced Temporaries  | 757-533-9188   | <a href="http://www.advancedtemporaries.com">www.advancedtemporaries.com</a>  |
|                            | Suffolk Workforce Development Center  | 757-514-7730   | <a href="http://www.suffolkva.us/540/Workforce">www.suffolkva.us/540/Workforce</a>  |
| <b>Employment Services</b> | Opportunity Inc. Workforce Center   | 757-461-7537   | <a href="http://www.opp-inc.org">www.opp-inc.org</a>  |
|                            | Reliance Staffing   | 757-925-0400   | <a href="http://www.reliancestaffing.com">www.reliancestaffing.com</a>  |
|                            | AARP Senior Employment  | 855-850-2525   | <a href="https://www.aarp.org/aarp-foundation/our-work/income/scsep/">https://www.aarp.org/aarp-foundation/our-work/income/scsep/</a> |
|                            | BAE-Norfolk   | 757-494-4000   | <a href="http://www.baesystems.com">www.baesystems.com</a>  |
| <b>Veteran's Services</b>  | Virginia Career Works   | 757629-4702  | <a href="https://www.theworkforcecouncil.org/">https://www.theworkforcecouncil.org/</a>   |
|                            | Veterans Employment Representative (Norfolk)                                | 757-455-3931   | <a href="mailto:veteran.services@vec.virginia.gov">mailto:veteran.services@vec.virginia.gov</a>                                       |
|                            | Veteran Crisis Hotline  | 9-8-8<br>Press 1   | <a href="https://www.va.gov/reach/lethal-means/">https://www.va.gov/reach/lethal-means/</a>   |
|                            | VA Medical Center Hampton Roads   | 757-722-9961   | <a href="http://www.hampton.va.gov/contact/">www.hampton.va.gov/contact/</a>  |
|                            | Veterans Claims Office (Richmond)   | 804-786-2261   | <a href="http://www.dvs.virginia.gov">www.dvs.virginia.gov</a>  |
|                            | Western Tidewater Crisis Receiving Center (CIC)<br>Veteran Support Services | (757)255-7133<br>757-758-5106(same day)<br>(800)273-8525 | <a href="https://www.wtcsb.org">https://www.wtcsb.org</a>   |
|                            | Hunter Homes VA McGuire Medical Center (Richmond)                           | 804-675-5000   | <a href="http://www.richmond.va.gov/contact/">www.richmond.va.gov/contact/</a>  |

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|   | Virginia Department of Veteran Services<br>VA Veteran & Family Support Rep | 757-822-5297  | <a href="http://www.dvs.virginia.gov">www.dvs.virginia.gov</a>                                |
|   | Suffolk Disabled American Veterans   | 757-934-2695  | <a href="http://www.dav.org">www.dav.org</a>  |
|   | STOP, Inc Homeless Vet Reintegration Program                               | 757-858-1360  | <a href="http://www.stopinc.org">www.stopinc.org</a>  |
| <b>Domestic Violence</b>                      | U.S. Department of Veteran's Affairs                                       | 800-827-1000  | <a href="http://www.va.gov/">www.va.gov/</a>  |
| <b>Benefits Programs</b>                      | Virginia Department of Social Services (VDSS)                              | Apply for SNAP, TANF, EAP and Medical Assistance by calling at 855-635-4370 | <a href="https://commonhelp.virginia.gov/access/">https://commonhelp.virginia.gov/access/</a> |
| <b>Crisis/Help</b>                            | 2-1-1 Virginia (local resource hotline)                                    | 211 or 1-800-230-6977 or text CONNECT to 247211                             | <a href="http://www.211Virginia.org">www.211Virginia.org</a>                                  |
|   | WTCSB Behavioral and Mental Health Support                                 | 757-255-7133  |   |
|   | WTCSB Crisis Support   | 757-925-2484  | <a href="https://www.wtcsb.org/services/crisis">https://www.wtcsb.org/services/crisis</a>     |
| <b>Emergency &amp; Mental Health Services</b> | Help and Emergency Response (HER), Inc. Portsmouth                         | 757-485-3384  | <a href="http://www.hershelter.com">www.hershelter.com</a>                                    |
|   | Samaritan House Inc.   | 757-631-0710  | <a href="http://www.samaritanhouseva.org/">www.samaritanhouseva.org/</a>                      |
|   | First Step: A Response to Domestic Violence                                | 800-578-3433  | <a href="http://www.firststepva.com">www.firststepva.com</a>                                  |

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|   | Portsmouth Area Resources Coalition (PARC) Shelter   | 757-393-7848                 | <a href="http://www.parcinc.org">www.parcinc.org</a>  |
|   | Region Five Public Behavioral Health, Crisis, and Support  | 757-656-775                  | <a href="https://region-five.org">https://region-five.org</a>   |
|   | The Genieve Shelter<br>9-5 p.m. Monday-Thursday and 9-2 p.m. Friday<br>After 5pm Monday-Thursday and Friday 2pm:   | 757-925-4365<br>800-969-4673 | <a href="http://www.thegenieveshelter.org">www.thegenieveshelter.org</a>  |
|   | Virginia Sexual & Domestic Violence Hotline  | 800-838-8238                 | <a href="mailto:hotline@vsdalliance.org">hotline@vsdalliance.org</a>  |
|   | Adult Protective Services (Elderly/Adults with a Disability)   | 757-514-7450                 | <a href="http://www.suffolkva.us">www.suffolkva.us</a>  |
|   | Crisis Services<br>shelter and crisis services to children, men, women, and LGBTQ individuals of all ages, races, cultures, and economic backgrounds who are escaping interpersonal violence, stalking, and/or human trafficking in order empower victims and break the cycle of violence. | 757-251-0144                 | <a href="https://www.ywca-shr.org/what-we-do/crisis-services/">https://www.ywca-shr.org/what-we-do/crisis-services/</a> |
|   | Suicide Hotline  | 800-784-2433                 | Number routed to live counselor   |
|   | Victim/Witness Program of the CWA  | 757-514-4366                 |   |
| <b>Emergency &amp; Mental Health Services</b> | National Suicide Prevention Lifeline   | 800-273-8255                 | Number routed to a live counselor   |

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|                          | American Red Cross  | 757-440-1111                 | <a href="http://www.seva-redcross.org">www.seva-redcross.org</a>   |
|                          | IMPACT Mental Health Services<br>community based mental health agency | 757-399-1500                 | <a href="https://impactmentalhealthservices.com/">https://impactmentalhealthservices.com/</a>  |
|                          | Western Tidewater Community Services Board                            | 757-656-6303                 | <a href="http://www.wtcsb.org">www.wtcsb.org</a>   |
|                          | Rape/Abuse/Incest National Network (RAINN)                            | 800-656-HOPE                 | <a href="http://www.rainn.org">www.rainn.org</a>   |
|                          | National Counseling Group<br>Mobile Crisis Stabilization              | 757-280-1752                 | <a href="http://NCGcommunity.com">NCGcommunity.com</a>   |
|                          | Milestone<br>Mental Health Skill Building Agency                      | 757-606-2802                 | <a href="http://www.milestoneagencyva.com">www.milestoneagencyva.com</a>   |
|                          | Blakely Weaver Counseling Center                                      | 757-255-8099                 | <a href="http://Blakelyweaver.org">http://Blakelyweaver.org</a>  |
|                          | Zeno Wellness Group   | 757-567-5854                 | <a href="http://www.zenowellnessgroup.com">www.zenowellnessgroup.com</a><br><a href="mailto:info@zenowellnessgroup.com">info@zenowellnessgroup.com</a> |
|                          | The UpCenter  | 757-965-8622                 | <a href="http://www.theupcenter.org">www.theupcenter.org</a>   |
|                          | JAKAFI Behavioral Care Center LLC                                     | 757-539-1656                 | <a href="http://jakafibcc.com/">http://jakafibcc.com/</a>  |
|                          | Regional Crisis Line<br>24/7 Service                                  | 757-656-7755                 | <a href="http://www.region-five.org/call-center/">www.region-five.org/call-center/</a>   |
| <b>Children Services</b> | National Runaway Switchboard  | 800-786-2929                 | <a href="http://www.nrscrisisline.org">www.nrscrisisline.org</a>   |
|                          | Virginia Missing Children's Clearinghouse                             | 804-674-2026<br>800-822-4453 | <a href="http://www.vsp.state.va.us">www.vsp.state.va.us</a>   |
|                          | Barry Robinson Center   | 757-455-6100                 | <a href="http://www.barryrobinson.org">www.barryrobinson.org</a>   |

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|                          | Harbor Point Behavior Health Center<br>Children and adolescents                                     | 757-393-0061                    | <a href="https://harborpointbhc.com">https://harborpointbhc.com</a>   |
|                          | Suffolk Health Department and Social Services   | 757-514-4700                    | <a href="https://www.suffolkva.us/760/Social-Services">https://www.suffolkva.us/760/Social-Services</a>   |
|                          | Seton Youth Shelters  | 757-498-4357<br>757-498-4673    | <a href="http://www.setonyouthshelters.org">www.setonyouthshelters.org</a>  |
|                          | Child Protective Services   | 757-514-7450                    | <a href="http://www.suffolkva.us/socialservices/">www.suffolkva.us/socialservices/</a>  |
|                          | Child Support Enforcement   | 757-686-4332                    | <a href="http://www.dss.virginia.gov">www.dss.virginia.gov</a>  |
|                          | Haven House for Kids  | 757-587-4202                    | <a href="http://www.homesforkids.org">www.homesforkids.org</a>  |
|                          | Injury Prevention (Car Seats)<br>VA Dept of Health  | 800-732-8333                    | <a href="https://www.vdh.virginia.gov/child-passenger-safety/low-income-safety-seat-program/">https://www.vdh.virginia.gov/child-passenger-safety/low-income-safety-seat-program/</a> |
|                          | Crisis Pregnancy Center   | 757-398-2701 or<br>757-410-9703 | <a href="http://www.cpcfriends.org">www.cpcfriends.org</a>  |
|                          | Center for Child & Family Services<br>739 Thimble Shoals Blvd., Suite 400, Newport News, Virginia   | 757-838-1960                    | <a href="https://kidsandfamilies.com">https://kidsandfamilies.com</a>   |
|                          | Edmarc Hospice for Children<br>516 London St, Portsmouth, VA 23704                                  | 757-967-9251                    | <a href="http://www.edmarc.org">www.edmarc.org</a>  |
|                          | The KEIM Centers<br>Abortion counseling   | 757-499-4444                    | <a href="https://keimcenters.com/services/">https://keimcenters.com/services/</a>   |
| <b>Children Services</b> | Children's Hospital of the King's Daughters, Inc.   | 757-668-7000                    | <a href="http://www.chkd.org">www.chkd.org</a>  |
|                          | WIC (Women, Infants, & Children)<br>Suffolk City Health Dept<br>135 Hall Ave. Suite A Suffolk<br>VA | 757-514-4724                    | <a href="http://www.suffolk.va.ushealth-dept">www.suffolk.va.ushealth-dept</a>  |

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| <b>Financial Services &amp; Legal Assistance</b> | Financial Counseling<br>UP Center                                | 757-965-8622                 | <a href="https://theupcenter.org/housing-financial-counseling">https://theupcenter.org/housing-financial-counseling</a> |
|  | Credit Counseling<br>Suffolk Redevelopment and<br>Housing        | 757-539-2010                 | <a href="https://www.suffolkrha.org/credit-counseling">https://www.suffolkrha.org/credit-counseling</a>                 |
|  | Virginia Legal Aid Society                                       | 757-539-3441                 | <a href="https://vlas.org">https://vlas.org</a> .   |
|  | Secretary of the Commonwealth<br>Restoration or Rights           | 804-692-0104                 | <a href="https://www.restore.virginia.gov/">https://www.restore.virginia.gov/</a>                                       |
|  | Virginia Lawyer Referral   | 800-552-7977                 | <a href="http://apps.americanbar.org">http://apps.americanbar.org</a>   |
|  | Social Security  | 800-772-1213                 | <a href="http://www.ssa.gov">www.ssa.gov</a>  |
|  | Catholic Charities   | 757-484-0703<br>757-456-2366 | <a href="http://www.cceva.org/">www.cceva.org/</a>  |
|  | Family Services of Tidewater                                     | 757-622-7017                 |   |
| <b>Educational &amp; Vocational Services</b>     | Adult Education  | 757-923-5254                 | <a href="http://www.prudencenter.net/adult-education/">www.prudencenter.net/adult-education/</a>                        |
|  | Virginia Tidewater Consortiums<br>Educational Opportunity Center | 757-683-2312                 | <a href="http://www.vtc.odu.edu">www.vtc.odu.edu</a>  |
|  | Tidewater Literacy Council                                       | 757-393-6459                 | <a href="http://www.tidwater.iteracy.org">www.tidwater.iteracy.org</a>  |
|  | Camp Community College   | 757-925-6300                 | <a href="https://www.pdc.edu/">https://www.pdc.edu/</a>   |
|  | English Speakers of Other<br>Languages                           | 757-451-4050                 | <a href="http://ww2nps.k12.va.us">http://ww2nps.k12.va.us</a>   |

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|  | Suffolk Literacy Council  | 757-514-7733 | <a href="https://suffolkliteracy.org/">https://suffolkliteracy.org/</a>                            |
|  | Suffolk Morgan Memorial Library   | 757-514-7323 | <a href="http://www.suffolkpubliclibrary.com">www.suffolkpubliclibrary.com</a>                     |
|  | Suffolk Literacy Council  | 757-514-7733 | <a href="mailto:tutorcoordinator@learn2readsuffolk.org">tutorcoordinator@learn2readsuffolk.org</a> |
| <b>Educational &amp; Vocational Services</b> | Department for the Blind & Visually Impaired (DBVI)   | 757-466-4162 | <a href="http://www.vdbvi.org">www.vdbvi.org</a>   |
|  | Deaf & Hard of Hearing Outreach Specialist (VDDHH)  | 800-552-7917 | <a href="https://www.vddhh.virginia.gov">https://www.vddhh.virginia.gov</a>                        |
|  | Endeppendence Center Disability Advocacy and Services   | 757-461-8007 | <a href="https://endependence.org">https://endependence.org</a>                                    |
|  | Disability Program Navigator homes in Suffolk County for individuals with intellectual or developmental disabilities. | 757-934-1374 | <a href="http://www.bettercarefamilyhomes.com">http://www.bettercarefamilyhomes.com</a>            |
|  | Deaf Services Unlimited Sign Language Interpreters  | 800-968-9608 | <a href="https://deafservicesunlimited.com">https://deafservicesunlimited.com</a>                  |
|  | Department of Aging & Rehabilitative Services (DARS Representative)   | 757-686-4992 | <a href="http://www.vadars.org">www.vadars.org</a>   |
|  | Suffolk Workforce Development Center  | 757-514-7730 | <a href="http://www.suffolkva.us">www.suffolkva.us</a>   |

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|   | Paul D. Camp Community Center<br>PDCCC Workforce Development Ctr.             | 757-569-6700 | <a href="https://www.pdc.edu/workforce-development">https://www.pdc.edu/workforce-development</a>                             |
|   | The College and Career Academy at Pruden                                      | 757-923-5254 | <a href="https://va50011006.schoolwires.net/domain/883">https://va50011006.schoolwires.net/domain/883</a>                     |
|   | TCC Center for Workforce Development<br>7000 College Dr. Suffolk VA           | 757-822-1333 | <a href="https://workforce.tcc.edu">https://workforce.tcc.edu</a>   |
|   | Virginia Assistive Technology System (VATS)                                   | 804-662-9990 | <a href="http://www.vats.org">www.vats.org</a>  |
|   | Opportunities for Change  | 571-331-4666 | <a href="http://www.oforc.org">www.oforc.org</a><br>Counseling, education, mentorship, and technology needed in the workforce |
| <b>Substance Abuse &amp; Prevention</b> | Al-anon & Ala-teen Family Group   | 757-499-1443 | <a href="https://www.vaalanon.org/">https://www.vaalanon.org/</a>   |
|   | A. Richards Counseling LLC<br>720 Rodman Ave. Portsmouth VA 23707             | 757-392-4955 | <a href="https://www.arichcounseling.com/">https://www.arichcounseling.com/</a>   |
|   | Praxis by Landmark Recovery<br>Drug and Alcohol Treatment for Service Members | 757-301-0226 | <a href="https://landmarkrecovery.com/locations/praxis-norfolk/">https://landmarkrecovery.com/locations/praxis-norfolk/</a>   |
|   | Alcoholics Anonymous  | 866-641-9190 | <a href="https://findrecovery.com/aa_meetings/va/suffolk/">https://findrecovery.com/aa_meetings/va/suffolk/</a>               |
|   | Narcotics Anonymous   | 866-801-6621 | <a href="https://findrecovery.com/na_meetings/va/suffolk/">https://findrecovery.com/na_meetings/va/suffolk/</a>               |
|   | Brightview Suffolk Addiction Treatment  | 888-501-9865 | <a href="http://www.brightviewhealth.com">www.brightviewhealth.com</a>  |
|   | ARK Helpline  | 800-559-9503 | Routed to live person   |

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|  | National Center for Substance Abuse and Child Welfare      | 800-662-4357                 | <a href="https://ncsacw.acf.hhs.gov">https://ncsacw.acf.hhs.gov</a>   |
|  | Bon Secours - Southampton Memorial Hospital, Franklin      | 757-569-6100                 | <a href="https://www.bonsecours.com/locations/hospitals-medical-centers/hampton-roads/southampton-memorial-hospital">https://www.bonsecours.com/locations/hospitals-medical-centers/hampton-roads/southampton-memorial-hospital</a> |
|  | Edgehill Recovery Program                                  | 540-662-8865                 | <a href="https://edgehillrecovery.org/">https://edgehillrecovery.org/</a>   |
|  | Western Tidewater Community Services Board                 | 757-656-6303                 | <a href="https://www.wtcsb.org/services/substance-abuse/">https://www.wtcsb.org/services/substance-abuse/</a>   |
|  | The Counseling Center, LLC Mental Health & Substance Abuse | 757-826-4600                 | No website  |
|  | Bon Secours Maryview Behavioral Medicine                   | 757-398-2367                 | <a href="https://www.bonsecours.com">https://www.bonsecours.com</a>   |
| <b>Housing &amp; Shelter Resources</b> | Oxford House   | 757-497-5880                 | <a href="https://www.vaoxfordhouse.org">https://www.vaoxfordhouse.org</a>   |
|  | Coalition Against Poverty (CAP)                            | 757-587-4202                 | <a href="http://www.capsuffolk.org">www.capsuffolk.org</a>  |
|  | Suffolk Redevelopment & Housing Authority                  | 757-539-2100                 | <a href="http://www.suffolkrha.org">www.suffolkrha.org</a>  |
|  | ForKids  | 757-587-4202                 | <a href="https://forkids.org/">https://forkids.org/</a>   |
|  | CAPS Night Stay Program                                    | 757-286-9126 or 757-587-4202 | <a href="http://www.capsuffolk.org/night-stay-shelter/">www.capsuffolk.org/night-stay-shelter/</a>  |
|  | Oasis Social Ministry                                      | 757-397-6060                 | <a href="http://oasissocialministry.wordpress.com">oasissocialministry.wordpress.com</a>  |
|  | The Dwelling Place (Families)                              | 757-624-9879                 | <a href="http://thedwellingplace.va.org">http://thedwellingplace.va.org</a>   |

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|  | Habitat for Humanity, South Hampton Roads | 757-640-0590 | <a href="http://www.shrhabitat.org">www.shrhabitat.org</a> |
|  | Judeo-Christian Outreach Center           | 757-491-2846 | <a href="http://www.jcoc.org">www.jcoc.org</a>             |
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|  | Our House Families (Families)                 | 757-769-7019                 | <a href="http://www.ourhousefamilies.org">www.ourhousefamilies.org</a>             |
| <b>Housing &amp; Shelter Resources</b> | Union Mission Ministries Inc. (Norfolk)       | 757-627-8686                 | <a href="http://www.unionmissionministries.org">www.unionmissionministries.org</a> |
|  | Barrett Transitional Home (women)             | 757-624-6990                 | <a href="http://www.nowomanalone.com">www.nowomanalone.com</a>                     |
|  | Suffolk Foundation                            | (757) 923-9090               | <a href="https://suffolkfoundation.org/">https://suffolkfoundation.org/</a>        |
|  | Hope House                                    | 757-625-6161                 | <a href="http://www.hope-house.org">www.hope-house.org</a>                         |
|  | FOR Kids, Suffolk Families/Singles w/children | 757-934-1353<br>757-587-4202 | <a href="http://Forkidsva.org">Forkidsva.org</a>                                   |
|  | Oxford House (Women)                          | 757-497-5866                 | <a href="https://www.vaoxfordhouse.org/">https://www.vaoxfordhouse.org/</a>        |
|  | American Red Cross-Suffolk Chapter            | 757-539-6645                 | <a href="https://www.redcross.org">https://www.redcross.org</a>                    |

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|   | FAMIS Information<br>(Customer Service)       | 866-873-2647 | <a href="https://coverva.dmas.virginia.gov/learn/insurance-for-children/famis/">https://coverva.dmas.virginia.gov/learn/insurance-for-children/famis/</a>   |
| <b>Health/Medical &amp; Prescription Assistance</b> | Disability Program Navigator (DPN)            | 757-461-7537 | <a href="http://www.vadrs.org/dpn.htm">www.vadrs.org/dpn.htm</a>  |
|   | Suffolk Health Department and Social Services | 757-514-4700 | <a href="https://www.suffolkva.us/760/Social-Services">https://www.suffolkva.us/760/Social-Services</a>   |
|   | Sentara Obici Hospital                        | 757-934-4000 | <a href="https://www.sentara.com/hospitalslocations/locations/sentara-obici-hospital/directions-parking.aspx">https://www.sentara.com/hospitalslocations/locations/sentara-obici-hospital/directions-parking.aspx</a> |
|   | Suffolk Health Dept                           | 757-514-7000 | <a href="https://www.vdh.virginia.gov/western-tidewater/locations/">https://www.vdh.virginia.gov/western-tidewater/locations/</a>   |
|   | Western Tidewater Free Clinic                 | 757-923-1060 | <a href="http://www.wtfreeclinic.org/what-we-offer/">www.wtfreeclinic.org/what-we-offer/</a>  |
|   | Autism Society Tidewater Virginia             | 757-461-4474 | <a href="http://www.tidewaterasa.org">www.tidewaterasa.org</a>  |

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|   | Main Street Physicians<br>(Indigent Coordinator) | 757-925-1866                 | <a href="https://sevhs.org/">https://sevhs.org/</a>  |
| <b>Health/Medical &amp; Prescription Assistance</b> | Bon Secours Hospice                              | 757-398-2338                 | <a href="https://www.bonsecours.com/locations">https://www.bonsecours.com/locations</a>        |
| <b>Transportation</b>                               | Hampton Roads Transit                            | 757-222-6100                 | <a href="http://www.gohrt.com">www.gohrt.com</a>   |
|   | Suffolk Transit Transportation<br>(ADA)          | 757-214-6442<br>757-963-9227 | <a href="http://www.suffolkva.us/429/Suffolk-Transit">www.suffolkva.us/429/Suffolk-Transit</a> |
|   | Tidewater Medical Transport                      | 757-399-0999                 | <a href="https://www.tmtambulance.com/">https://www.tmtambulance.com/</a>                      |
|   | Virginia Department of Transportation            | 800-367-7623                 | <a href="https://www.virginiadot.org/">https://www.virginiadot.org/</a>                        |
| <b>Food &amp; Fuel &amp; Clothing Resources</b>     | Dominion Virginia Power                          | 888-667-3000                 | <a href="http://www.dom.com">www.dom.com</a>   |

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|  | Union Mission Ministries, Inc.                         | 757-627-8686     | <a href="http://www.unionmissionministries.org">www.unionmissionministries.org</a>   |
|  | East End Baptist Church                                | 757-539-3324     | <a href="http://www.theeastendbaptistchurch.com">www.theeastendbaptistchurch.com</a><br>2 <sup>nd</sup> and 4 <sup>th</sup> Thursday, 10a-12p @ 617 E. Washington St.<br>Suffolk, VA   |
|  | Oak Grove Baptist Church                               | 757-539-8012     | <a href="http://www.oakgrovebaptist.net">www.oakgrovebaptist.net</a><br>Food Pantry Monday and Friday 10:30am-1:00pm   |
|  | Bethlehem Christian Church                             | 757-539-4274     | <a href="http://www.bccsuffolk.org">www.bccsuffolk.org</a><br>Suffolk residents bring ID and proof of residency. Once<br>per month per household. 1 <sup>st</sup> Tuesday of the month<br>6p-7p. 2 <sup>nd</sup> and 3 <sup>rd</sup> Tuesday of the month from 10a-11a                                   |
|  | Salvation Army   | 757-539-5201     | <a href="https://salvationarmypotomac.org/suffolk/">https://salvationarmypotomac.org/suffolk/</a><br>Food Pantry Monday and Wednesday 9:30am-<br>11:30am, 1pm-3pm; Tuesday and Thursday 9:30am-<br>11:30am, Fresh food giveaway every 4 <sup>th</sup> Monday<br>1:30pm-3:00pm. Hot meals Thursday at 3pm |
|  | Dress for Success                                      | 757-961—<br>7148 | <a href="https://hamptonroads.dressforsuccess.org/">https://hamptonroads.dressforsuccess.org/</a>  |
|  | Coalition Against Poverty in Suffolk                   | 757-935-5497     | <a href="http://www.capsuffolk.org">www.capsuffolk.org</a>   |
|  | <a href="#">Various Foodbank Food Pantry Locations</a> |                  | <a href="http://Foodbankonline.org/directory/categories/food-pantry">Foodbankonline.org/directory/categories/food-pantry</a>   |
|  | Goodwill Suffolk Retail Store                          | 757-538-0182     | <a href="http://Goodwillvirginia.org">Goodwillvirginia.org</a>   |
|  | Suffolk Social Services Fuel Asst.                     | 757-514-7450     | <a href="https://www.dss.virginia.gov/benefit/ea/">https://www.dss.virginia.gov/benefit/ea/</a>  |

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|   | S.T.A.R Haven   | 757793-1888                  | <a href="https://www.suffolkchristian.org/food-pantry">https://www.suffolkchristian.org/food-pantry</a><br>call or email for information<br>(starhaveninc@gmail.com) |
|   | Senior Services of Southeastern VA                    | 757-461-9481                 | <a href="http://www.ssseva.org">www.ssseva.org</a>   |
|   | Suffolk Christian Fellowship Center                   | 757-353-0471                 | <a href="http://www.scfc.online">www.scfc.online</a>   |
|   | Western Tidewater Branch, Foodbank of Southeastern VA | 757-627-6599<br>757-641-0682 | <a href="http://www.foodbankonline.org">www.foodbankonline.org</a>   |
| <b>Human Services &amp; General Resources</b> | The Planning Council                                  | 757-622-9268                 | <a href="http://www.theplanningcouncil.org">www.theplanningcouncil.org</a>   |
|   | YMCA-Portsmouth                                       | 757-483-9622                 | <a href="http://www.portsmouthymca.org">www.portsmouthymca.org</a>   |
|   | Hope for Suffolk                                      | 757-539-0540                 | <a href="http://www.hopeforsuffolk.org">www.hopeforsuffolk.org</a>   |
|   | Family Preservation Services of VA                    | 757-455-8300                 | <a href="http://www.FPSCorp.com">www.FPSCorp.com</a>   |
|   | STOP Inc. (Emergency Needs)                           | 757-858-1360                 | <a href="http://www.stopinc.org">www.stopinc.org</a>   |
|   | GMA Interventions, LLC                                | 757-335-4234                 | <a href="http://www.gmainterventions.com">www.gmainterventions.com</a>   |
|   | Wesley Community Service Center, Inc.                 | 757-399-0541                 | <a href="http://www.wesley-community-service-center.business.site">www.wesley-community-service-center.business.site</a>   |
|   | Families in New Direction, Inc (FIND)                 | 757-469-1155                 | <a href="http://www.FamiliesInNewDirection.net">www.FamiliesInNewDirection.net</a>   |
|   | <u>Transitions Family Violence Services</u>           | 757-728-2638                 | <a href="https://www.transitionsfvs.org/">https://www.transitionsfvs.org/</a>  |

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|  | The UP Center                             | 757-965-8622 | <a href="http://www.childandfamilyservices.org">www.childandfamilyservices.org</a> |
|  | JAKAFI Behavioral Care Center, Suffolk    | 757-539-1656 | No website   |
|  | American Red Cross, Portsmouth            | 757-393-1031 | <a href="mailto:pcreamer@arcportsmouth.org">pcreamer@arcportsmouth.org</a>         |
|  | VASAP<br>VA Alcohol Safety Action Program | 757-925-1597 | <a href="http://vasap.virginia.gov">vasap.virginia.gov</a>                         |
|  | Virginia Organizing                       | 757-660-6080 | <a href="http://www.virginia-organizing.org">www.virginia-organizing.org</a>       |
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